

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Life Care Center East, St. Paul

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Goal: To provide positive alternatives to abortion to pregnant and parenting women in the East St. Paul and surrounding areas

For the period/quarter: Quarter 3 January 1-March 31 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide ongoing guidance, assessment and supervision to grant staff Complete grant forms Track grant budget Attend required grant meetings		I have worked with PAG staff to understand and start my evaluation grant process which will end the middle of May. I have also been working on updating my work plan for the 2 nd grant cycle so that the numbers are a better representation of the level of services we are currently offering.	
Outreach	Advertise the clinic and its services to the community by using bus bench or billboard ads.		We are working with Facebook to start using their ads to promote our pregnancy testing and education services to women in our area. This will start in May 2017.	
Crib Distribution/ Sleep Safety Education	Provide Safe Sleep Education	8	We have been hearing tremendous feedback on the safe sleep information provided to clients. The literature along with the safe sleep video is providing a concrete plan for parents to follow and share with others that will care for the child.	15

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Life-Skills Education Program	Provide education on subjects such as: Budgeting Relationship building	12	We have a client that has been working with a coach on her goal of trying to move out of her parents and be on her own. She has gained enough confidence throughout her pregnancy to want this for her and her baby. Our Life Coach has provided her with the tools to navigate this transition clearly and thoughtfully.	15
Nutrition	Provide prenatal vitamins to clients having ultrasounds Staff will provide education on prenatal nutrition and prenatal vitamins	30	Our clients love the fact that we provide them with a 2 week supply of prenatal vitamins at the time of a positive pregnancy result. That way they are starting off on the right foot. Most have then gone on to purchase their own which is new to us.	25
Parenting Education	Provide Prenatal and Parenting Education including topics such as: Infant Care Discipline Happiest Baby Finding Appropriate Childcare Program participants can earn baby items as incentives.	12	We have a prenatal client who has now watched all of our parenting videos, she can't get enough! The great thing is that her significant other is also coming with her and asking really important questions. We try to start newborn care topics before delivery and add more parenting as the newborn grows.	36
Pregnancy Education	Nurses will do initial education on Alcohol/ Drug cessation, importance of prenatal vitamins and early entrance into prenatal care. Referrals for prenatal care will be given with specific contact information Clients who need additional	20	We have a prenatal client who wanted to learn about breastfeeding and with this being her first pregnancy, she knew nothing. She has watched the videos and read the literature and asked many questions. One day she came in early and asked if we had any babies she could practice with while she waited for her appointment. So of course we gave her our babies that we use for childbirth class and gave her the space in another room to practice. It was wonderful to see her practice her new skills.	46

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	support or do not currently have prenatal care will be referred to our own prenatal program Prenatal Education Classes, Childbirth Education Classes, One-on-One Education			
Pregnancy Testing	Provide program eligibility assessment, pregnancy counseling and testing.	40	We have had a high number of women coming to us at the middle to late part of their pregnancy requesting pregnancy tests. They are in denial about the responsibilities and necessary needs of their situation. We offer all of our services to meet their needs.	79
Prenatal Care	Provide prenatal care	7	We have had a record number of women seeking prenatal cares that do not have insurance or having issues with insurance coming through. The majority of them this quarter have stayed on with us even after the insurance issue was dealt with.	70
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	40	We have worked hard this quarter to make sure our referrals are up to date and have accurate information for our clients. In the process, we are adding new referrals by asking the clients if they are receiving assistance from other agencies. This is a great way for us to use the resources in our community and give guidance to women for services we do not offer.	86
Provide Necessary Services Assessments	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services		We were unable to serve these women with our services and referrals. Their requests were out of the scope of our services such as car seats and abortions.	30

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Only				

Maternal and Child Health Initiative Task Force Strategies				No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>				0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>				79
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>				79
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>				79
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>				12
<i>Number of women who received sleep safety education only from a PA funded program activity</i>				79
Ultrasound	Provide ultrasounds, abortion alternatives education and counseling.	30	We had a client that was so happy to be pregnant but the boyfriend was not on board. After seeing the ultrasound, they were able to talk about the situation and move forward with the pregnancy.	31

Challenges: We did not give out as many prenatal vitamins as usual. Most of the clients were able to purchase their own after the initial 2 week supply was given to them.

We do not have a certified car seat program in place.

Comments: This quarter our pregnancy tests have increased as well as our participants in our prenatal program.